

DAAA NATIONAL CHAMPIONSHIPS

Sunday, 28th May 2006 / Grand Bay

SCHEDULE OF EVENTS

Time	Track events	Throwing events	Jumping events
09:30 am	Opening Ceremony		
10:00 am	200 m <i>U-18 girls</i> 200 m <i>U-18 boys</i> 200 m <i>18 & over girls</i> 200 m <i>18 & over boys</i>	Shot Put <i>Girls/Women</i>	High Jump <i>Girls/Women</i> Long Jump <i>Boys/Men</i>
10:45 am	1000m <i>U-15</i> 1500 m <i>U-18 girls</i> 1500 m <i>U-18 boys</i> 1500 m <i>18 & over girls</i> 1500 m <i>18 & over boys</i>	Shot Put <i>Boys/Men</i>	High Jump <i>U-15 girls</i> Long Jump <i>Girls/Women</i>
11:30 pm	400m <i>U-18 girls</i> 400m <i>U-18 boys</i> 400 m <i>18 & over girls</i> 400 m <i>18 & over boys</i>	Discus <i>Girls/Women</i>	High Jump <i>U-15 boys</i>
12:15 pm		Discus <i>Boys/Men</i>	High Jump <i>Boys/Men</i>
1:00 pm	L u n c h		
2:00 pm	80 m <i>U-15</i> 100 m <i>U-18 girls</i> 100 m <i>U-18 boys</i> 100 m <i>18 & over girls</i> 100 m <i>18 & over boys</i>	Javelin <i>Boys/Men</i> Javelin <i>Girls/Women</i>	Triple Jump <i>Girls/Women</i>
2:45 pm	800 m <i>U-18 girls</i> 800 m <i>U-18 boys</i> 800 m <i>18 & over girls</i> 800 m <i>18 & over boys</i>	Javelin <i>U-15 girls</i>	Triple Jump <i>Boys/Men</i>
3:30 pm	4x100 m <i>all Categories</i>		
3:45 pm	3000 m <i>Open Female</i>	Javelin <i>U-15 boys</i>	
4:00 pm	5000 m <i>Open Male</i>		
4:30 pm	4x 80m <i>U-15</i> 4x400 m <i>all Categories</i>		
5:00 pm	C l o s i n g		