

DAAA QUALIFYING STANDARDS FOR CARIFTA GAMES 2005

Events	Male				Female			
	U - 17		U - 20		U - 17		U - 20	
	A:	B:	A:	B:	A:	B:	A:	B:
100 m	11.30	11.4	10.70	10.8	12.40	12.5	12.00	12.1
200 m	22.40	22.8	21.30	21.7	25.00	25.4	24.00	24.4
400 m	50.50	51.5	48.00	49.0	57.70	58.7	56.00	57.0
800 m	2:00.0	2:02.2	1:58.0	2:00.2	2:25.2	2:27.4	2:20.0	2:22.2
1500 m	4:22.0	4:26.3	4:07.0	4:11.3	4:56.0	5:00.3	4:50.5	4:54.8
3000 m	10:00.0		-		11:00.0			
5000 m	-		16:30.0		-			
High Jump	1.78 m		1.98 m		1.60 m		1.70 m	
Long Jump	6.50 m		7.30 m		5.35 m		5.85 m	
Triple Jump	13.40 m		14.40 m		11.00 m		12.50 m	
Shotput	5.5 kg 14.00 m		6.00 kg 16.00 m		4 kg 10.00 m		4 kg 12.50 m	
Discus	1.6 kg 40.00 m		1.75 kg 48.00 m		1 kg 31.50 m		1 kg 36.00 m	
Javelin	700 gr 45.50 m		800 gr 55.50 m		600 gr 35.00 m		600 gr 41.50 m	

Note:

- Standards are based on results of previous Carifta Games (With the listed performances athletes would have reached **5th** place in 2004 - in special cases the DAAA has made an exceptional decision, based on previous standards)

▪ A Standard:	Electr. timing, on 400 m synthetic track
▪ B Standard:	- <u>Hand timing on 300 m grass track:</u> hand timing: -0.2sec, gras/curve factor: +0.3s/100m