

MINIMUM QUALIFYING STANDARDS for COMMONWEALTH GAMES 2006

Event	Male	Female
100 m	10.50	11.60
200 m	21.10	23.50
400 m	46.50	53.60
800 m	1:50.0	2:05.0
1500 m	3:45.0	4:15.0
5000 m	13:45.0	15:45.0
10000 m	29:30.0	35:00.0
110m H / 100m H	14.00	13.30
400m H	51.10	59.50
High Jump	2.15	1.79
Long Jump	7.60	6.00
Triple Jump	16.00	12.90
Shotput	17.00	15.30
Discus	53.50	50.00
Javelin	66.00	49.00
Decathlon / Heptathlon	7000 pts.	5500 pts.

Conditions:

- Performances must be achieved during the period 1.1.2005 to 20.2.2006.
- Performances must be achieved during an official competition organised in conformity with IAAF Rules.
- Performances must be achieved during competitions organised or sanctioned by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at university or school competitions must be certified by the National Federation of the country in which the competition was organised.
- Wind assisted performances (IAAF Rules) will not be accepted.
- Indoor performances will be accepted.